



Books and other literature on
Grief and Bereavement

To everything there
is a season,
a time for every
purpose under heaven.

— Ecclesiastes 3:1

Your local library, book store, church, or funeral home may have additional resources available.

Books for Adults

The Orphaned Adult: Comforting the Death of a Parent by Marc D. Angel © 1987
Human Sciences Press, New York

After Great Pain: A New Life Emerges by Diane Cole ©1992 Summit Books, New York,
London, Toronto

Grieving: A Love Story by Ruth Coughlin ©1993 Random House, New York

Beyond Widowhood: From Bereavement to Emergence and Hope by Robert C. Di
Giulio
©1989, The Free Press a division of Macmillan, Inc., New York

The Widower: What He Faces, What He Feels, What He Needs by Jane Burgess Kohn
and Willard K. Kohn ©1978 Beacon Press, Boston, MA

On Death and Dying by Elizabeth Kubler-Ross, M.D. ©1997 Touchstone Books, a
division of Simon and Schuster

When Bad Things Happen to Good People by Harold S. Kushner © Avon Books, a
division of The Hearst Corporation, Originally published and ©1981 Schocken Books, New
York

A Grief Observed by C.S. Lewis ©1995

How to Go on Living When Someone You Love Dies by Therese Rando, PhD. ©1991,
Bantam Books, New York, ©1988 Lexington Books, Lexington, MA

Overwhelmed: Coping with Life's Ups and Downs by Nancy K. Schlossberg Reprinted
and ©1994, Lexington Books, D.C. Heath & Co., Lexington, MA

***Necessary Losses: The Loves, Illusions, Dependencies and Impossible Expectations
That***

All of Us Have to Give Up in Order to Grow by Judith Viorst © Jan. 1998, Fireside
Books
©Aug. 1996

Helping Children Cope with the Loss of Loved One: A Guide for Grownups by
William C. Kroen, Ph.D., LMHC ©1996 Free Spirit Pub., Inc., Minneapolis, MN

Six Steps for Managing Loss (A Catholic Guide Through Grief) by Fr. Terence P.
Curley,
Alba House, 2187 Victory Blvd., Staten Island, NY 10314-6603

The Death of a Husband by Helen Reichert Lambim, ACTA Publications, 4848 North
Clark St., Chicago, IL 60640

